

Jimmy Hawkins,
Bellingham, Washington, 98225,
777.777.7777
email@email.com

Objective

Looking for a position of yoga instructor in any reputed yoga center or institute where I can give my best teaching service, and can prove the importance of yoga.

Educational Background

Bachelor of Arts, (1989)

University of Georgia, Athens, Georgia

Master of Fine Arts, (1991)

University of Georgia - Athens, Georgia

Certifications

- Registered Yoga Teacher's (RYT) certification, 1992.
- Phoenix Rising Yoga Therapy Certification, 1993, West Stockbridge, Massachusetts.
- Certified Stress Management Instructor, 1994.
- Integral Yoga Teacher's Certification, 1995, Satchidananda Ashram Buckingham, Virginia.

Highlights of Qualifications

- Strong interpersonal skills.
- Strong writing and speaking skills.
- Excellent organizational skills.
- Self-starter and possibility thinker.
- Excellent teaching skills.
- Exceptional time management skills.

Professional Experience

Yoga Instructor

Integral Yoga Institute, Georgia, (1995-1997)

Responsibilities:

- Responsible for guiding members through invigorating and encouraging yoga practices.
- Provided fitness counseling.

- Discussed the benefits of beginning a yoga practice with members.
- Safely guide the group through a series of revitalizing and rejuvenating asana.
- Promoted safety through proper equipment and accurate demonstration of class.
- Provided assistance to injured guests until the arrival of emergency medical services.
- Ensured that area is clean, picked-up and ready for next class.
- Provided tours to guests and employees as needed.

Yoga Instructor

Red Lotus Institute, Athens, Georgia, (1997-2000)

Responsibilities:

- Attended training workshops to ensure current fitness training techniques and trends.
- Ensured safety, comfort, and satisfaction of all guests using the fitness area.
- Handled and resolved guest's issues or complaints according to guest service recovery guidelines.
- Provided advice to individuals on the correct method of exercising with fitness equipment.
- Promoted a fun and relaxing atmosphere for guests.
- Performed other duties as assigned.